

#### KURDISH AND MIDDLE EASTERN WOMENS ORGANISATION

# VAWG Services for Minoritised Women

## **London & Surrounding Areas**

#### A HOLISTIC APPROACH

1:1

Specialist VAWG ADVICE & ADVOCACY support

#### Campaigning for Change

Raising awareness about HBV , FGM & FM Raising the voices of Black, Ethnic & Minoritised Women IWD and End VAWG day celebrations

KMEWO's Circle of Services

## HEALING & RECOVERY

BACP accredited 1:1 Counselling in English, Arabic , Kurdish and Tigrinya languages

Group Therapy

Empowering & skills building

Confidence Building workshops ESOL & IT courses Employability skills training Parenting skills course Volunteering opportunities Integrative Group activities

Exercise classes : Yoga, Zumba Swimming Social Gatherings Peer support groups Self care groups

#### Free Specialist Holistic Advice & Advocacy Support for **Kurdish, Middle Eastern and North African (KMENA)** women and Girls

VAWG	Domestic Violence
Support:	Sexual Violence (SV)
Support.	Forced Marriages
	"Honour" Based Violence (HBV)
	FGM
	Faith-Based Abuse
	Mental Health Issues

General<br/>Advice:Education<br/>Employment<br/>Welfare Benefits<br/>Housing<br/>Volunteering<br/>No Recourse to Public Funds (NRPF)<br/>Access to Immigration<br/>Access to other mainstream services

## 65% of our referrals do not speak English

Our specialist services are delivered in Kurdish, Arabic and Enlgish languages, with culturally appropriate approaches.

All kmewo services are free, confidential, nonjudgemental, safe, friendly & for women only



### VAWG Advocacy Support:

- Risk assessment and crisis intervention
- Finding refuge places and making referrals to social service
- MARAC, IDVA and/ or specialist legal advice
- Women group support and group therapy
- Safety planning and contacting police

### **Bi-Lingual Counselling:**

KMEWO offers a safe confidential space to talk for Women and girls 16+ who have experienced violence. Our specialist counselling service is available in Kurdish, Arabic and English.

All counsellors are members of a recognised professional body and are accredited.

#### Women's Empowerment and skills building:

·ESOL courses

·Parenting skills

·Money management and personal budgeting

·Basic IT, Internet skills and ICT for Employment courses

·Confidence building and motivational workshops

•Integrative group activities: Yoga, Zumba, Peer Support and Self-Care groups •Volunteering opportunities

## **Tackling Digital Exclusion: Tablet Loan Scheme:**

Our Tablet Loan Scheme has been developed, as a response to the challenges faced by Black and minoritised women and girls in accessing key services. The tablets will enable women to access to one or more of the following:

- Support services
- Online training or courses
- Employment opportunities
- Connection within their community
- Health and well-being activities



Funded by: IMKAAN VAWG COVID-19 Fund

KMEWO has IMKAAN Accredited Quality Standard (IAQS) and Advise Quality Standard (AQS)

Referrals accepted for women from London and the surrounding areas.

Email: referrals@kmewo.com www.kmewo.com

Tel: 020 7263 1027 Mobile: 07557236874

Interested in Volunteering? Tel: 020 7263 1027 Mobile: 07748 851 125

